

Wild Woman Within: Living and Loving Your Scar Body

Connecting and Healing while you explore the inner tapestry and intuition of your Wild Woman Within.

With: Diane Sidebottom and I'aura Carroll

**Friday April 3
6:30pm - 9pm
AND**

**Sunday April 5
9:30am - 4pm**

"Baba Yaga, the Wild Mother, is the teacher whom we can consult in these matters. She instructs the ordering of the house of the soul. She imbues an alternate order to the ego, one where magic can happen...."

*Baba Yaga is the model for being true to the Self."
Woman Who Run With The Wolves, Clarissa Pinkola Estes, Ph.D.*

More workshops to come in the **Wild Woman Within** series.

You are invited to join us for a
**Wild Woman Within
Workshop**

- Empower yourself by creating a 'Scar-f' to help transform the scars within
 - Explore plant wisdom through Hydrosol
- Learn about working with Sound and Energy Healing
 - Journey into Meditation
- Rejuvenate while you receive a Meridian Clearing



Cost: \$175.00

(includes art materials)

Register by March 23rd

Snacks and tea are provided.

Bring a lunch

For more information and to register (limited enrollment)
Diane: 204 955-3911 www.dianesidebottom.com
I'aura: 204 452-1107 www.crystalmusicsoundhealingmeditation.ca

**Whole Touch Natural Wellness Centre
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